

Washington Behavioral Risk Factor Surveillance System

2004 Tobacco Survey Results

Whatcom County

What is your age?

n = 200

18 - 34	36.7%	(± 9.0%)
35 - 54	34.5	(± 7.7)
55 - 74	17.9	(± 5.3)
75+	10.9	(± 4.5)

Gender

n = 200

Male	46.9%	(± 8.7%)
Female	53.1	(± 8.7)

Which one of these groups would you say best represents your race...

n = 197

White	90.7%	(± 5.0%)
Black or African American	0.0	(± 0.0)
Asian	1.3	(± 1.5)
Native Hawaiian or Other Pacific Islander	0.9	(± 1.7)
American Indian, Alaska Native	4.2	(± 3.1)
Other race	3.0	(± 3.5)
No preferred race	0.0	(± 0.0)

Are you Hispanic or Latino/Latina?

n = 200

Yes	3.3%	(± 3.3%)
No	96.7	(± 3.3)

Marital status

n = 200

Married	59.2%	(± 8.5%)
Divorced	8.3	(± 3.4)
Widowed	4.5	(± 2.6)
Separated	1.1	(± 1.1)
Never been married	21.3	(± 8.0)
Or a member of an unmarried couple	5.5	(± 4.1)

How many children less than 18 years of age live in your household?

n = 200

None	59.3%	(± 8.4%)
1	15.8	(± 5.9)
2	15.1	(± 6.0)
3 or more	9.9	(± 6.0)

What is the highest grade or year of school you completed?

n = 200

Some high school or less	7.7%	(± 4.5%)
High school graduate or GED	29.7	(± 8.0)
Some college or technical school	34.5	(± 8.3)
College graduate or more	28.1	(± 7.1)

*Estimates based on sample sizes less than 50 were omitted.

Are you currently. . .

n = 200

Employed for wages	49.1%	(± 8.5%)
Self-employed	9.7	(± 4.8)
Out of work	4.2	(± 2.7)
Homemaker	6.4	(± 3.7)
Student	9.4	(± 7.0)
Retired	17.2	(± 5.3)
Or unable to work	4.0	(± 2.8)

Annual household income from all sources

n = 173

Less than \$20,000	19.0%	(± 8.1%)
\$20,000 to less than \$50,000	45.9	(± 9.1)
\$50,000 or more	35.1	(± 8.8)

Have you smoked at least 100 cigarettes in your entire life?

n = 374

Yes	40.7%	(± 6.0%)
No	59.3	(± 6.0)

Among those that have smoked at least 100 cigarettes in their entire life:**Do you now smoke cigarettes everyday, some days, or not at all?**

n = 161

Everyday	21.9%	(± 6.9%)
Some days	15.8	(± 7.8)
Not at all	62.3	(± 9.0)

Among current smokers:**During the past 12 months, have you stopped smoking for 1 day or longer because you were trying to quit smoking?**

n = 59

Yes	58.6%	(± 15.2%)
No	41.4	(± 15.2)

Current cigarette smoking prevalence:

n = 374

(every day or some day smokers among the whole population)	15.3%	(± 4.3%)
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Among those that have smoked at least 100 cigarettes:**Did you smoke any cigarettes during the past 30 days?**

n = 78

Yes	45.1%	(± 13.2%)
No	54.9	(± 13.2)

Among those that have smoked in the past 30 days:**On how many days of the past 30 days did you smoke cigarettes?**

n = 34

Less than 30 days	*	*
30 days	*	*

Among those that have smoked in the past 30 days:**On average, about how many cigarettes per day do you smoke, on the days that you do smoke?**

n = 34

Average:	*	*
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*Estimates based on sample sizes less than 50 were omitted.

Have you ever tried using smokeless tobacco, like chew, dip or snuff?	n = 197	
Yes	14.1%	(± 6.9%)
No	85.9	(± 6.9)

Among those that have ever tried smokeless tobacco:

On how many of the past 30 days did you use smokeless tobacco products?	n = 21	
None	*	*
Less than 30 days	*	*
30 days	*	*

Current smokeless tobacco prevalence:	n = 197	
(any use in past 30 days among the whole population)	2.1%	(± 3.0%)

In the past month, have you smoked a cigar, even just a puff?	n = 197	
Yes	7.1%	(± 6.7%)
No	92.9	(± 6.7)

Current tobacco use (all types of tobacco)	n = 197	
Current daily tobacco user	24.7%	(± 8.2%)
Current non-tobacco user	75.3	(± 8.2)

Among former smokers:

About how long has it been since you last smoked cigarettes regularly, that is, daily?	n = 44	
Within the past month (less than 1 month ago)	*	*
Within the past 3 months (1-3 months ago)	*	*
Within the past 6 months (3-6 months ago)	*	*
Within the past year (6-12 months ago)	*	*
Within the past 5 years (1-5 years ago)	*	*
Within the past 15 years (5-15 years ago)	*	*
More than 15 years ago	*	*
Never used regularly	*	*

Among former smokers:

When you last smoked cigarettes regularly, on average, how many days per month did you smoke?	n = 44	
Average:	*	*

Among former smokers:

When you last smoked cigarettes regularly, on average, how many cigarettes did you smoke per day?	n = 44	
Average:	*	*

*Estimates based on sample sizes less than 50 were omitted.

Among never smokers less than 30 years old:

Do you think that you will smoke a cigarette anytime during the next year? n = 14

Definitely yes	*	*
Probably yes	*	*
Probably no	*	*
Definitely no	*	*

Among never smokers less than 30 years old:

If you or your best friends offered you a cigarette, would you smoke it? n = 14

Definitely yes	*	*
Probably yes	*	*
Probably no	*	*
Definitely no	*	*

Among current tobacco users:

About how much do you usually spend on tobacco products every week? n = 40

Less than \$25	*	*
At least \$25 but less than \$55	*	*
More than \$55	*	*

Among current tobacco users:

In the past month, did you buy tobacco on a Native American reservation? n = 40

Yes	*	*
No	*	*

Among current tobacco users:

In the past month, did you buy tobacco from the Internet? n = 40

Yes	*	*
No	*	*

Among current tobacco users:

During the past month, did you buy tobacco outside the state to save money - not just because you were traveling? n = 40

Yes	*	*
No	*	*

Among current/former tobacco users:

People close to me are/were upset by my using tobacco. n = 81

Strongly agree	47.0%	(± 14.2%)
Somewhat agree	15.4	(± 8.0)
Somewhat disagree	16.8	(± 13.1)
Strongly disagree	20.8	(± 11.1)

*Estimates based on sample sizes less than 50 were omitted.

Among current/former tobacco users:

When was the last time a DOCTOR or other healthcare provider advised you to quit, if ever?	n = 83	
Within the past year (1-12 months)	25.8%	(± 11.4%)
Within the past three years (1-3 years)	13.3	(± 11.4)
3 or more years ago	17.4	(± 8.5)
They never advised me to quit	43.6	(± 14.2)

Among current/former tobacco users:

When was the last time a DENTIST advised you to quit, if ever?	n = 82	
Within the past year (1-12 months)	9.5%	(± 7.2%)
Within the past three years (1-3 years)	9.2	(± 10.8)
3 or more years ago	3.1	(± 3.7)
They never advised me to quit	78.2	(± 12.3)

Among current/former tobacco users:

When was the last time a PHARMACIST advised you to quit, if ever?	n = 82	
Within the past year (1-12 months)	0.0%	(± 0.0%)
Within the past three years (1-3 years)	0.6	(± 1.2)
3 or more years ago	0.0	(± 0.0)
They never advised me to quit	99.4	(± 1.2)

Among those advised to quit:

Did the health care professional who advised to quit offer any help, or refer you to a source of help to quit tobacco use?	n = 47	
Yes	*	*
No	*	*

What type of health coverage do you use to pay for most of your medical care? Is it coverage through. . .

n = 166	
Your employer	40.3% (± 9.4%)
Someone else's employer	22.3 (± 9.0)
A plan that you or someone buys on your own	12.1 (± 5.6)
Medicare	18.0 (± 6.1)
Medicaid or Medical Assistance	3.6 (± 3.0)
The military, CHAMPUS, or the VA	2.6 (± 2.7)
The Indian Health Service	1.1 (± 1.6)
Some other source	0.0 (± 0.0)

Among current and recent former smokers:

Within the past year, have you heard about any programs in your community to help you quit using tobacco, such as classes, support groups or counseling services?	n = 32	
Yes	*	*
No	*	*

*Estimates based on sample sizes less than 50 were omitted.

Among current and recent former smokers:

Within the past year, did your employer offer any stop-smoking class or other programs to help employees quit using tobacco? n = 18

Yes	*	*
No	*	*

Among current and recent former smokers with health care coverage:

Does your health care insurance coverage pay for the cost of any help to quit using tobacco, such as a stop-smoking program or nicotine patches, pills or other medications? n = 24

Yes	*	*
No	*	*
Don't know/Not sure	*	*

Among current and recent former smokers:

Have you heard about the Washington State "Quit-Line" - a telephone support service to help people quit using tobacco? n = 32

Yes	*	*
No	*	*

Among current and recent former smokers who have heard of the "Quit-Line":

Would you ever call a telephone support service for help in quitting tobacco? n = 31

Definitely Yes	*	*
Probably Yes	*	*
Probably No	*	*
Definitely No	*	*

Among current and recent former smokers who have heard of the "Quit-Line":

Have you called the Quit line? n = 18

Yes	*	*
No	*	*

Among current tobacco users:

Would you like to quit using tobacco? n = 37

Yes	*	*
No	*	*

Among current tobacco users who would like to quit:

Are you seriously considering quitting tobacco use within the next 6 months? n = 29

Yes	*	*
No	*	*

Among current tobacco users considering quitting within 6 months:

Are you planning to stop within the next 30 days? n = 25

Yes	*	*
No	*	*
Don't know/Not sure	*	*

*Estimates based on sample sizes less than 50 were omitted.

Are you currently registered to vote?	n = 195	
Yes	76.7%	(± 7.6%)
No	23.3	(± 7.6)

Which of the following statements best describes the rules about smoking in your home. . .	n = 195	
No one is allowed to smoke anywhere inside your home	83.5%	(± 6.0%)
Smoking is allowed at some places or at some times	10.2	(± 4.9)
Smoking is permitted anywhere inside your home	6.2	(± 3.8)

How many people, including you, who live in your household currently smoke cigarettes, cigars, or pipes?	n = 197	
No current smokers in household	66.1%	(± 8.9%)
1	19.2	(± 6.6)
2	12.6	(± 7.9)
3 or more	2.1	(± 2.9)

On how many of the past 30 days has someone, including you, smoked cigarettes, cigars, or pipes anywhere inside your home?	n = 197	
None	86.9%	(± 5.4%)
Less than 30	7.1	(± 4.3)
30 days	5.9	(± 3.6)

If it were just up to you, would you let people smoke inside your home?	n = 193	
Yes	6.1%	(± 3.2%)
No	93.9	(± 3.2)

Among people who are currently employed for wages:

When you are at work, do you spend most of your time in an. . .	n = 106	
Office	29.6%	(± 9.9%)
Store	13.0	(± 7.8)
Restaurant or Bar	7.6	(± 5.6)
Warehouse or factory	10.3	(± 6.2)
Home/Someone elses home	10.3	(± 6.6)
Outdoors	11.7	(± 7.8)
Car or truck	4.3	(± 4.6)
Classroom	3.6	(± 3.0)
Hospital	4.3	(± 3.9)
Somewhere else	5.2	(± 8.0)

Among people who are currently employed for wages:

Is smoking allowed in any of the following areas at your workplace. . . Some or all indoor work areas?	n = 104	
Yes	18.9%	(± 10.9%)
No	81.1	(± 10.9)

*Estimates based on sample sizes less than 50 were omitted.

Among people who are currently employed for wages:

Is smoking allowed in any of the following areas at your workplace. . . Employee lunchrooms or lounges? n = 101

Yes	9.7%	(± 7.5%)
No	90.3	(± 7.5)

Among people who are currently employed for wages:

Is smoking allowed in any of the following areas at your workplace. . . A different designated indoor smoking area? n = 104

Yes	12.0%	(± 8.1%)
No	88.0	(± 8.1)

Among people who are currently employed for wages:

In a typical week, how many hours would you say that you are in a room or car with secondhand smoke while you are at work? n = 108

None	79.7%	(± 10.5%)
Less than one hour	9.3	(± 6.8)
One hour or more	11.0	(± 9.2)

In general, would you say that breathing secondhand smoke is. . .

n = 192

Not at all annoying to you	8.8%	(± 4.7%)
A little bit annoying	15.5	(± 6.2)
Somewhat annoying	23.0	(± 7.8)
Very annoying to you	52.7	(± 8.7)

Would you say that breathing secondhand smoke is. . .

n = 188

Not at all harmful	3.0%	(± 3.5%)
A little bit harmful	8.4	(± 6.7)
Somewhat harmful	23.4	(± 7.1)
Very harmful	65.2	(± 8.7)

All children should be protected from secondhand smoke.

n = 192

Strongly agree	81.5%	(± 6.3%)
Somewhat agree	11.9	(± 5.4)
Somewhat disagree	3.4	(± 2.6)
Strongly disagree	3.2	(± 2.6)

Do you think that smoking should not be allowed at all in restaurants?

n = 196

Yes	73.3%	(± 8.0%)
No	22.9	(± 7.8)
Don't know/Not sure	3.8	(± 2.7)

Do you think that smoking should not be allowed in bars and lounges?

n = 193

Yes	35.3%	(± 7.9%)
No	54.6	(± 8.5)
Don't know/Not sure	10.1	(± 4.9)

*Estimates based on sample sizes less than 50 were omitted.

Do you think that smoking should not be allowed in outdoor public areas where children may be present?		n = 197
Yes	56.7%	(± 8.4%)
No	38.7	(± 8.2)
Don't know/Not sure	4.6	(± 2.8)

Local law enforcement officials should place a high priority on enforcing laws that ban the possession of tobacco products by minors.		n = 186
Strongly agree	52.0%	(± 8.9%)
Somewhat agree	21.1	(± 7.9)
Somewhat disagree	14.5	(± 5.8)
Strongly disagree	12.4	(± 5.9)

The city or town where you live should establish as many strong rules and laws as possible to protect nonsmokers, including children, from secondhand smoke.		n = 189
Strongly agree	53.0%	(± 8.8%)
Somewhat agree	26.2	(± 8.2)
Somewhat disagree	12.7	(± 5.5)
Strongly disagree	8.1	(± 4.3)

School officials should make sure that all children receive anti-tobacco education.		n = 189
Strongly agree	79.8%	(± 7.8%)
Somewhat agree	14.5	(± 7.3)
Somewhat disagree	2.1	(± 2.0)
Strongly disagree	3.6	(± 3.4)

Tobacco use by adults should not be allowed on school grounds or at any school events.		n = 192
Strongly agree	85.1%	(± 6.2%)
Somewhat agree	7.0	(± 4.1)
Somewhat disagree	5.3	(± 4.1)
Strongly disagree	2.5	(± 2.8)

Have you seen or heard about any efforts or activities in your community or in schools to prevent or reduce tobacco use among youth?		n = 182
Yes	51.4%	(± 8.9%)
No	48.6	(± 8.9)

There are so many things that cause cancer, tobacco use is not going to make any difference.		n = 191
Strongly agree	4.0%	(± 3.0%)
Somewhat agree	7.1	(± 4.1)
Somewhat disagree	12.1	(± 6.9)
Strongly disagree	76.8	(± 7.9)

*Estimates based on sample sizes less than 50 were omitted.

Would you ever use or wear something that has a tobacco company logo or picture on it?		n = 190	
Yes	16.1%	(± 6.5%)	
No	83.9	(± 6.5)	

Do you currently have a piece of clothing, or other item that has a tobacco brand or logo on it?		n = 194	
Yes	6.1%	(± 3.7%)	
No	93.9	(± 3.7)	

During the past year, have you received a free sample or coupon for a free sample of cigarettes or other tobacco products?		n = 195	
Yes	13.7%	(± 5.4%)	
No	86.3	(± 5.4)	

During the past year have you been somewhere, such as concert or special event, where tobacco companies were having a promotion - for example, giving away free samples or having a special give-away?		n = 195	
Yes	4.0%	(± 3.0%)	
No	96.0	(± 3.0)	

Tobacco companies should have the same rights to advertise their products as other companies.		n = 184	
Strongly agree	15.8%	(± 5.9%)	
Somewhat agree	34.4	(± 8.6)	
Somewhat disagree	14.9	(± 5.8)	
Strongly disagree	34.8	(± 8.8)	

<i>Among people with children ages 12 to 17:</i>			
Have you told your child specifically that you do not want him or her to use tobacco?		n = 35	
Yes	*	*	
No	*	*	

*Estimates based on sample sizes less than 50 were omitted.